





FA WOMEN'S NATIONAL LEAGUE DIVISION ONE SOUTH WEST

TORQUAY UNITED

Sunday 28th January 2024 Kick off 1.45 p.m.







Contact Stewart West on stewartwest@leisureleagues.net for more details

Manager's Notes...

Today, we return to League action with a home fixture against Torquay and we trust that they have had a safe journey from Devon for the game today.

We have a slightly earlier kick off time than normal today, because we have tried to limit the disruption caused by having to accommodate two matches on the main pitch today. This was because the FAWNL allocated two fixtures at the same time on the same pitch. Many thanks to both Torquay and Portsmouth Reserves in being flexible to achieve a solution. The Reserve game will kick off at 4.15pm today.

Just over a week ago, so many people attended the funeral of Nick Parsons at the Mendip Crematorium. Nick sadly passed away suddenly on the 22nd December 2023 aged 63 years. Nick had been suffering from health problems for a while, but it was still a shock to realise that he was no longer with us. I only spoke to him a few hours before as he had recently come home from hospital and he told me that the hospital had sorted out various problems and he just had to get his legs right. Nick was the manager at Frome Town Ladies, where he took them to the old South West Combination and a number of good cup runs. I know



he was upset when they unceremonially dispensed with his services. He had a similar treatment from the Somerset FA, where he ran the County U18 girls side with Dawn Prior, also from Frome.

I remember phoning Nick, whom I did not know that well at the time and saying 'why do you not come and help us at Keynsham'. His answer was 'yes', and he eventually spent longer at this club, than he had done at Frome. Nick was a coach and manager of our Development team. In more recent times he was a great supporter, watching many games both here and away. Nick was possibly not the best manager in the world, but he had a fantastic ability to spot quality players and analyse a game. He was so willing, that we often asked him to do scouting for us which he did so effectively. I well remember him going to watch Cardiff City,Ladies, a formidable side at the time, which we were about to play. Nick came back with a very scruffy piece of paper with his notes on. Typical Nick, but full of pearls of wisdom that enabled us to get a 3-3 draw over in Wales.

We will always remember Nick coming to summer preseason games on his lovely red motorbike and sitting up by the office in the sunshine. After any game, he was one of the first that I would ask what he thought of our performance. His thoughts were that valued.

He was such a genuine person, that he will be sadly missed by his family in Oakhill in Somerset, this club, Frome and so many in the football world. It was so good to see so

many old players at the funeral including our players and former players:- Hannah Sims, Kirsty Smith, Roanna Newton, Yaz Laver, Leanne Lapham, Krystal German plus Kirsty Whitton from Southampton and others that I may have missed.



We all wish Nick to rest in peace and thank him for brightening all our lives.

Secretary's Views...

It is with sadness and fondness that we remember Nick Parsons who sadly passed away just before Christmas. Nick was a stalwart at Frome Town Ladies for many years and a stalwart for possibly longer here at Keynsham.

When Barrie was seriously ill in hospital, needing major heart surgery, it was Nick who took over as acting first team manager. It was a poor team who had lost every game but that didn't stop Nick from stepping up to the mark when the club was in dire need. I don't remember asking him. Nick just did. I covered the admin as Secretary but it was Nick who got up extra early and got on the bus for the away games, most many miles away.

When someone goes the extra mile I now describe it as "getting on the bus" and every time I remember Nick and the help he gave me.

In this time I also received many texts from Nick asking me how Barrie was. They were all positive messages that lightened the gloom in my darkest hours.

Thank you Nick. I will always be grateful, and I will, like many others, miss your cheerfulness that brought a smile to everyone's face.

God bless and rest in peace.

PAM NEWTON

Today's Teams...







KEYNSHAM TOWN

Green shirts Black shorts, Black socks

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Charlotte Haynes
Lily Withers
Celyn Garton
Jade Radburn
Nadine Grogan
Vicky Vipond
Brooke Stirrup
Naomi Clipston (Capt)
Justine Lorton
Lily Reed
Sophie Price
Megan Young
Hannah Price
Mia Rose Daly
Issy Amphlett
Olivia Bees
Nellie Bullock
Alex Hurst

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TORQUAY UNITED

Yellow shirts Blue shorts, Blue socks

Emma Ayres Rebecca McMullin Ocean Latto Tracey Cross (Capt) Tee Kaptein Kirsty Brown Rachel Griffiths Scarlett Williams Lucy Palmer Ella Stephens Emily Eaton Danni Wyatt

Manager - Barrie Newton Assistant - Sven Kierk Coach - Avril Cooke Physio - Callum Barnfield GK Coach - Liam Jacques Caretaker Manager - Tracey Cross Medical Lead - Sam Latto Director/Chairman - Steve Elswood

Today's Match Officials REFEREE Mr. Jordan Lee (Somerset FA) Assistant Referees -Mr. Brian Bishop (Somerset FA) Mr. Matt Baird (Somerset FA)

At the AJN Today ..

Torquay United WFC

Founded in 2013, Torquay United have achieved National League football for the first time ever in their history this season as they became champions of the SWRWFL premier division in 22-23 winning the title by one point over runners up Bristol Rovers.

This became the second trophy in consecutive seasons under the guidance of Manager Steve Elswood as they ended 21-22 by winning the Devon County Cup Final in a dramatic penalty shootout victory over local neighbours Exeter City.



Since they were founded it had been a story of nearly but not quite for the yellows flirting with mid table to bottom half displays in the SWRWFL Premier Division since their 2013 establishment.

They also bettered their best FA Cup run ever last season reaching the second round proper and are keen on breaking more records in this seasons competition.

This summer has seen Steve Elswood develop the club further by moving into the role of Director of Football & Chairman overseeing every aspect of the club both on and off the pitch to ensure sustainability at National League level for the future.

Alan Wyatt has become head coach of the team supported by Jake Ellis and Jimmy Weeks as Ast Coach and GK coach. Sam Latto completes the Matchday set up as medical lead with Clare Williams developing the ladies with their strength & Conditioning.

A squad has been built this summer packed with youth and experience with players such as club record holder Danni Wyatt who has played over 100 games for the club, Captain Tracey Cross leading on the pitch and a host of young starlets signed including Ella Stephens and tenacious midfielder Lexi Watts now blending in with third season stars such as Ocean Latto the balance appears positive. The history making season has been tough with the team suffering 3 serious ACL / MCL season ending injuries to key players but evidences are there that the yellows have big hearts for a battle in the second half of the season to secure their NL position into next season.

A close relationship to the main Football club has also developed in the last 2 seasons with the womens team very popular with the yellow army supporters and regulars at Plainmoor on matchdays.

This is a new era as an established club alongside the men and the ongoing partnership brings the pedigree and history of the club and connects the club as #oneclubonecommunity.

Last week after 2 successful cup winning seasons Steve Elswood stepped down from his management role and now focuses on becoming chair and director of the women's arm of the football club.

Captain Tracey Cross becomes player caretaker manager for today's game while a new permanent management team is appointed.

Football Quiz

JANUARY: Enzo Fernandez joined Chelsea for a British-record fee - how much was it? -

MARCH: Liverpool absolutely destroyed Man Utd at Anfield - but how many goals did they score in total?

APRIL: Sadio Mane allegedly punched which former Premier League player in a Bayern bust-up that made headlines?

MAY 1: Wrexham's players were taken on an all-expenses paid trip to where as a reward for earning promotion to League Two?

MAY 2: Which ex-Arsenal player confirmed he'd switched international allegiances from England to the United States?

Source: https://www.goal.com/en-gb/news/goal-ultimate-footballquiz-2023-transfers-lionel-messi-cristiano-ronaldo-harry-kanememorable-matches-sackings/blt160554958c7fc15b

....Answers Later in the Programme

Interesting Fact

Steven Gerrard is the only footballer to have ever scored a goal in an FA Cup final, a League Cup Final, a UEFA Cup Final and a Champions League Final.

Source: https://www.twinkl.co.uk/blog/football-history-facts-for-kids

Match programme produced on behalf of Keynsham Town Ladies FC by BRISTOL SOCCERWORLD All enquiries to bristolsoccerworld@mail.com We can also turn your programme into a Digital online version for mobiles and computers/tablets

Match report FA WOMEN'S NATIONAL LEAGUE DIVISION ONE SOUTH WEST PORTISHEAD TOWN 2-3 KEYNSHAM TOWN

We knew that the pitch would be poor, but playable. We knew that the opposition would play a little football at the back and then hit long kick and rush balls forward. Something we sometimes struggle against as a tactic.

In the first half, despite going 1-0 up in the 26th minute from a well taken chance by Hannah Price, for her 5th goal in 15 games, we played well below the standard that we expect. Charlie was a rock at the back, which helped us keep a clean sheet. We played too deep and invited them to play in our half. As a result, Naomi was isolated up front, Lily Reed was was left to be swamped by central midfield opponents and our wingers could not get into the game as we could not find our players as we won the ball and tried to counter attack.

We had to make changes at half time just to change things, but more important, we needed Jade to be more advanced and for Vicky to play further forward to give us more options up front. We were also concerned about the booking that Mia got in H1 as the referee's decisions were a bit unpredictable and two yellows could have meant a red and only 10 players. As it was, Mia's handball gave them a penalty, but no yellow, correctly, as she was not the last player. Having got a goal, the opposition were after another, which they got.

We made the enforced change to go 3 at the back and Justine's introduction gave us more experience. I was worried that if we struggled against long balls to defend with 4 at the back, how would we cope with 3? The answer was that with more in midfield we got control of the game for the first time and finished strongly in the last 20 minutes, scoring twice through Brooke Stirrup and an own goal when a shot from Justine was deflected to win the game. As I said afterwards, sometimes you have to make your own luck, but we cannot afford the type of lapse we had for much of the game. We looked for a long while as though we were rusty after a big lay off – and we had not played for a month with some players not for 6 weeks.

NICK PARSONS

:- COMMENTS FROM PEOPLE WHO KNEW HIM

The Club has received sp many comments from so many people who knew Nick. Lots of these have come from all over the world - from the US, Brazil and Serbia to name a few places.

Our Chairman, Mark Ranahan, has been keeping a record of these and will combine them and pass them on to Nick's family. This just shows the fond memories people have from when they met and worked with him.

Here are a few comments from people who knew him well and have taken the trouble to send their thoughts:

I am truly saddened to hear of Nick's death.. We always used to speak to each other after home games and sit down for a chat. There was a time not too long ago when I scored from a free kick. After the game, Nick said to me 'I was stood behind the goal for that Just and I was waiting for it to go over the fence'. It really made me laugh and we both laughed. That was Nick and that was just his great sense of humour. It is sad, really sad.

Justine Lorton. Former England, Arsenal and Current Keynsham Town Player

Nick was a giant teddy bear. He did everything out of the kindness of his heart for the girls and to help with women's football. He was my personal chauffeur to training and match days when I could not drive. His face would light up a room, but when things were not going his way, or we were losing, he would chuck his hands in the air and pace up and down the side lines. He was a kind and genuine soul and will always have a special place in my heart. RIP Nick.

Leanne Lapham. Former Keynsham and Frome Player. One of Our Best English Centre Forwards

I was really sad to hear the news that Nick had passed away. Nick was always happy no matter what was going on, lost mini bus, water logged cow field to play on or players turning up late, He was always so positive and calm. Nick always had time for me and any player that he coached or managed over the years, he was kind and caring and would go out of his way to help anyone. Whenever his name comes up in conversation the first thing that's said is 'He's such a lovely man.' And that couldn't be truer. He absolutely loved football and despite being unwell still found the time to come and watch Keynsham play. He will be truly missed by all that knew him.

Hannah Sims - A Player for Keynsham Town Since she was 14 and still playing today.

Nick Parsons was a very very great friend of mine over so many years. He was really good company and we spent many trips and matches together. Nick was extremely knowledgeable and passionate about women's football. He had a wonderful sense of humour and I know that I will miss him more I ever expected as everyone at the club will do.

Mark Ranahan - Chairman of Keynsham Town Ladies FC for Many Years

And now to finish off with an amusing story of when Nick and the Chairman volunteered to represent the Club at an FA Women's National League Annual General Meeting which took place in Birmingham. The pair got a bit lost in England's second city and drove around for ages trying to find where the AGM was. Mindful that they were going to be late our two representatives crept into the assembled room. They had missed the pre-meeting food offering, something the helpful duo always had as a high priority for on these League events. All that was left were a couple of curled up sandwiches that everyone else had steered clear of.. They settled down to try to get into the swing of the League meeting and Nick soon fell asleep after such a travel ordeal!

Get to know the players...

1. Give your full name (including nickname if you have one) and Nationality?

Xanna Kierk (or just Xan to the girls) and my nationality is Bristolian.

2. How long have you been at Keynsham Town LFC?

Since I was 12. Coming up 9 years!

3. If you weren't playing football what other sport do you think you would play and would you be as good at this sport?

I play dodgeball at Uni, I didn't know it was a competitive thing either. It's the complete opposite of goalkeeping but I still love it.



4. Have you any pre-match rituals and what are they?

I always touch the crossbar and kick both posts right before kick off.

5. What is your pre-match schedule?

Get dragged out of bed by my dad 5 minutes before I have to leave!

6. Given the choice which football stadium would you like to play at and why?

Gotta be Wembley. There's no other acceptable answer.

7. Name 3 players who would be in your Premiership "Dream Team"?

Katie McCabe, Beth Mead, Russoooo. Bet you can't guess what team I support!

8. Do you think you would make a good referee and why?

Yes because I'm known for my really good eyesight!

9. If you could make any rule change to improve the game what would it be?

Undo the rule that says keepers aren't allowed to distract players during penalties. It's hard enough for us already!

10. Which tracks/artists do you currently have on your iPhone?

Too many, recently Lady Gaga has been sneaking on there... don't judge

11. If you could be a "Super Hero" who would it be and why?

Venom so he can make me breakfast before a match.

12. What would you use those powers for?

Become so big that I don't need to move in goal to save everything.

13. If you were stuck on a deserted island what 3 items or people would you take with you?

A hammock, a cocktail and access to all 11 seasons of the Walking Dead.

14. Are you a meat, fish or pasta person?

My favourite two dishes are lasagna and spaghetti carbonara so I'll let you figure that one out!

15. When you win the Lottery what 2 items would be top of your "Want's List"?

A PC so I can finally play Baldur's Gate 3 and I guess a car might be nice seeing I crashed mine...

16. What ambitions do you have?

Aside from football I love science and I'm currently studying neuroscience. Who knows maybe I'll get a PhD just to make the girls refer to me as Dr. Xan!

KTLFC on Instagram

Keynsham Town LFC are now on Instagram! Simply click on the QR code below to take yourself to our home page......



KEYNSHAM TOWN LFC FIXTURES SEASON 2023-24

Date	Opponents			Goalscorers
2023				goalscorers
AUG Sun 20	MAIDENHEAD UTD	H	L 3-4 L 1-2	H.Price, Clipston, og
Sun 27 SEP Sun 3	QUEEN'S PARK RGS (LCDR)	H	L 1-2	Vipond Stirrup
SEP Sun 3	Southampton Women	A H	W 1-0	Stirrup
Thu 7	SWINDON TOWN (7.45pm)	H.	D 0-0	
Sun 10	PORTISHEAD TOWN	H	<u>W 7-1</u>	Clipston 4, Vipond 2, og
Sun 17	Torquay Utd SELSEY WOMEN	A H	W 1-0 D 0-0 W 7-1 W 2-1 W 10-0	Clipston, S.Price Clipston 4, Vipond 3, H.Price, Radburn
Sun 24	SELSEY WOMEN	<u>H</u>	W 10-0	Clipston 4, Vipond 3, H.Price, Radburn
OCT Sun 1		<u>.</u>		
Sun 8	Moneyfields	<u> </u>	L 0-8	
Sun 15		<u>.</u>		
Sun 22	BOURNEMOUTH SPTS (FAC)	H A	W 1-0	Clipston
Sun 29	Cambridge Utd (LP2)	<u>A</u>	L 1-2 L 2-5	Clipston
NOV Sun 5	Exeter City	<u>A</u>	L. <u>2-5</u>	Clipston, H.Price
Sun 12				
Sun 19				Lorton Vinond Clincton
Sun 26	MARINE ACADEMY (FAC1)	н	D 3-3*	Lorton, Vipond, Clipston (won 8-7 on pens)
DEC Sun 3	Bristol Rovers (FAC2)	 A	W 2-1	Lorton, Clipston
Sun 10		∩		Lorton, cipston
Sun 17	Luton Town (FAC3)	A	L 0-1	
Sun 17 2024		·	L .Y+	
JAN Sun 7		·····		
Sun 14	Portishead Town	A	W 3-2	H.Price, Stirrup, og
Sun 21				
Sun 28	TORQUAY UTD	H		
Sun 28 FEB Sun 4	Bridgwater Utd	A		
Sun 11	Selsey Women PORTISHEAD TOWN (SCSF) Swindon Town (7.45pm)	A		
Sun 18	PORTISHEAD TOWN (SCSF)	. A H		
Wed 21	Swindon Town (7.45pm)	A		
Sun 25	AFC BOURNEMOUTH	A H		
MAR Sun 3	Abingdon Utd	I A	l	
Sun 10	MONEYFIELDS	H.		
Sun 17				
Sun 24	AFC Bournemouth	A		
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FA WOMEN'S NATIONAL LEAGUE DIVISION 1 SOUTH WEST

	Р	w	D	L	F	Α	Pts	GD
EXETER CITY	12	12	0	0	73	12	36	61
AFC BOURNEMOUTH	10	10	0	0	49	6	30	43
SWINDON TOWN	12	6	2	4	31	24	20	7
MONEYFIELDS	9	6	1	2	54	18	19	36
ABINGDON UTD	11	6	1	4	27	19	19	8
KEYNSHAM TOWN	9	5	1	3	28	21	16	7
BRIDGWATER UTD	10	5	0	5	20	23	15	-3
MAIDENHEAD UTD	10	3	1	6	23	28	10	-5
PORTISHEAD TOWN	12	3	1	8	20	43	10	-23
SOUTHAMPTON WOMEN	8	1	2	5	10	28	5	-18
TORQUAY UTD	11	1	1	9	17	37	4	-20
SELSEY WOMEN	12	0	0	12	2	95	0	-93

RESERVE TEAM FIXTURES SEASON 2023-24

Date	Opponents			Goalscorers
2023	1			goalscorers
SEP Sun 3	SOUTHAMPTON WOMEN	H	L 0-2	
Sun 10	Exeter City (LC1)	H A	L 0-7	
Sun 17	Portsmouth	ΙA	L 0-7	
Sun 17 Sun 24	Swindon Town AFC Bournemouth	A A H	L 0-7 L 0-7 W 3-2	Stocker 3
OCT Sun 1	AFC Bournemouth	A	L 0-7	
OCT Sun 1 Sun 8	EXETER CITY	H	L 0-7 L 1-5	Plummer
Sun 15				
Sun 22 Sun 29				
Sun 29	QUEEN'S PARK RGS (LP1)	Н	L 2-3	Plummer 2
NOV Sun 5		[
Sun 12	AFC BOURNEMOUTH	H	L 0-9	
Sun 19	1			
Sun 26	1			
Sun 19 Sun 26 DEC Sun 3	CHELTENHAM TOWN	H A	L 0-5	
Sun 10	Southampton Women	A	L 1-2	Stirrup
Sun 17	1			
2024	1			
JAN Sun 7				
Sun 14				
Sun 21	1			
Sun 28	PORTSMOUTH	H H		
FEB Sun 4	MONEYFIELDS	H		
Sun 11	Exeter City	A		
Sun 18				
Sun 25	Cheltenham Town	A		
Sun 25 MAR Sun 3	Moneyfields	ι <u>΄.</u>		
Sun 10	SWINDON TOWN	A H		
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FA WOMEN'S NATIONAL LEAGUE RESERVES SOUTH WEST

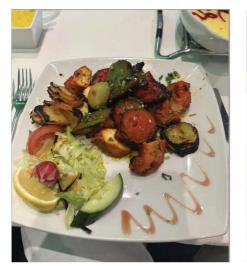
	Р	w	D	L	F	Α	Pts	GD
AFC BOURNEMOUTH CST	9	8	0	1	50	8	24	42
PORTSMOUTH	7	6	0	1	36	10	18	26
EXETER CITY	8	5	0	3	35	21	15	14
CHELTENHAM TOWN	8	4	1	3	23	16	13	7
SOUTHAMPTON WOMEN	9	3	0	6	10	33	9	-23
SWINDON TOWN	9	3	0	6	12	36	9	-24
MONEYFIELDS	6	1	1	4	7	15	4	-8
KEYNSHAM TOWN	8	1	0	7	5	39	3	-34



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To book your table, call us on 01275 830014 or 01275 830414 or visit www.paprikabristol.co.uk







Photos from Paprika Review on Paprika from player Justine Lorton:

After being introduced to Tan (the manager) I promised him we'd go to Paprika for our quarterly curry club meet up (with 4 ex-KTLFC players).

It was really busy when we arrived, which is always a good sign. Tan and the staff were very welcoming and friendly throughout the meal. The food was perfect and what really stuck out was the presentation, it was gourmet level and very reasonably priced. It was so nice in-fact, that I took the leftovers home and ate it the next day! I would highly recommend Paprika for an amazing dining experience and will definitely go again.







Today's new playing kit carries a 30 Year badge at the top of the back of the shirts. The club was originally founded as a 6-aside team playing indoor football in 1993. The players came mostly from Chandag Junior School in Keynsham and were all under 11 years at the time. Only one, Linette Zerk remains playing today as an emergency goalkeeper when required, although the club is in contact with most of these 'Original' players.







Fund Managers

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SPORTSGenie

@ The AJN

Stadium Keynsham

BAR STAFF WANTED

Casual bar work

available

£10.50 per hour

Need to be able to

work weekends

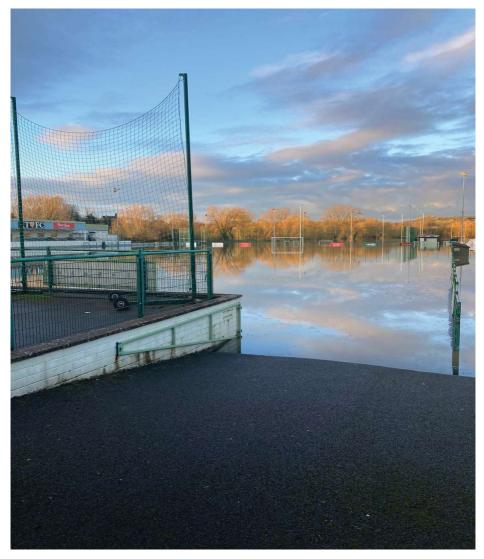
Contact Pam on 077 3939 8383 for more info and to apply



THE BIG FLOODS AT KEYNSHAM... JANUARY 2024

It seems hard to believe that the 3G pitch was heavily flooded only a couple of weeks ago. The flood waters came up from the blocked channels under the road bye pass and the railway embankment along the rugby pitches and into our site.

The Rugby club fared worse than us as our pitch was elevated when the 3G pitch was built. They had water much higher up, right to their clubhouse that got through the air bricks and into the changing rooms. Thankfully, it was only our main pitch, the courts and the groundsman's shed and machinery that was flooded, with virtually no sediment deposited when the flood went away almost as quickly as it came.





Player Sponsorship (2023-24)

Email: KTLFCSponsorship@gmail.com for details.

Visit our website: www.ktlfc.com for more about our Sponsors.



MAY 1: Las Vegas

MAY 2: Folarin Balogun, Folarin Balogun, who was born in New York but had represented England at various agegroup levels, confirmed he had made the decision to represent the USMNT in May 2023, with the 22-year-old having since earned eight caps for the States.





What lights up a Football stadium? - a Football Match

How do birds cheer for their soccer teams? - They egg them on

Source: https://www.weareteachers.com/soccer-jokes/





New Signs Thanks to our sponsor, Paprika, we were able to install our new fixture sign!

KEYNSHAM TOWN LADIES 24

